

AAFP Delegate – 2020-2022
Arnold I. Pallay, MD, FAAFP



Changebridge Medical Associates

Dr. Arnold Pallay graduated from the combined accelerated seven-year medical program at Boston University College of Liberal Arts/ School of Medicine in 1983. He performed his residency training at UMDNJ/ The Mountainside Hospital, where he was appointed Chief Resident.

In 1986, he opened a solo practice that soon grew to become a 9 provider group, Changebridge Medical Associates, now a member of Consensus Health. He serves as its Medical Director and partners with Drs. Frank Iannetta and Andrew Gilmartin. He is a member of the Consensus Clinical Governing Board, and chairs the value-based and payor committee. Dr. Pallay is the Medical Director of Partners In Care, a clinically integrated network of over 500 independent multi-specialty physicians and providers.

He is senior Delegate for the state of New Jersey to the American Academy of Family Physicians, where he serves on its Commission on Education, and previously on the AAFP Finance Commission. Dr. Pallay has served as president of the New Jersey Academy of Family Physicians, and the Morris County Medical Society and is the appointed Vice President of the Montville Board of Health.

Dr. Pallay teaches and lectures extensively on Medical Genetics, having founded the Jacobs Levy Genomic Medicine Program at Atlantic Health System where he is currently the Associate Medical Director. He focuses on Precision Medicine, Population Health & Genetics. He receives local and regional referrals for care in pharmacogenetics, connective tissue, cardiology and oncology-based genetics. Dr. Pallay has served on the founding Board of the Healthcare Quality Partners ACO, and currently serves on The Holy Name ACO Board. He currently serves as the state of New Jersey Medical Director for VAXCARE, an innovative vaccine technology solutions organization for providers.

Dr. Pally maintains active clinical admitting privileges at Morristown Medical Center, Chilton Medical Center, and at St. Clare's Hospital. Dr. Pally is the appointed physician for several public and private schools, as is the Medical Director for several area local nursing home facilities. He holds faculty teaching appointments at several medical schools including Rutgers Newark, Rutgers New Brunswick, Seton Hall, Touro, and Thomas Jefferson Medical Schools. Arnie is a proud past recipient of the NJAFP "chair" award for long-term service to NJAFP.